# COPING A PHILOSOPHICAL GUIDE

## LUC BOVENS

WITH ILLUSTRATIONS BY FIORELLA LAVADO



#### https://www.openbookpublishers.com

© 2021 Luc Bovens. Illustrations © Fiorella Lavado



This work is licensed under a Creative Commons Attribution-NonCommercial-NoDerivs license (CC BY-NC-ND 4.0). This license allows you to share, copy, distribute and transmit the work; to adapt the work and to make commercial use of the work providing attribution is made to the author (but not in any way that suggests that they endorse you or your use of the work). Attribution should include the following information:

Luc Bovens. Illustrations by Fiorella Lavado. *Coping: A Philosophical Guide*. Cambridge, UK: Open Book Publishers, 2021, https://doi.org/10.11647/OBP.0268

In order to access detailed and updated information on the license, please visit https://doi.org/10.11647/OBP.0268#copyright. Further details about CC BY-NC-ND 4.0 licenses are available at http://creativecommons.org/licenses/by-nc-nd/4.0/

All external links were active at the time of publication unless otherwise stated and have been archived via the Internet Archive Wayback Machine at https://archive.org/web

Digital material and resources associated with this volume are available at https://doi. org/10.11647/OBP.0268#resources

Every effort has been made to identify and contact copyright holders and any omission or error will be corrected if notification is made to the publisher.

ISBN Paperback: 9781800642782 ISBN Hardback: 9781800642799 ISBN Digital (PDF): 9781800642805 ISBN Digital ebook (epub): 9781800642812 ISBN Digital ebook (azw3): 9781800642829 ISBN XML: 9781800642836 DOI: 10.11647/OBP.0268

Cover photo by Fiorella Lavado, CC BY-NC-ND 4.0. Cover design by Anna Gatti.

### Links

#### Why This Book?

Hope is the thing with feathers

"32. 'Hope Is the Thing with Feathers.' Part One: Life. Dickinson, Emily. 1924. Complete Poems." *Bartleby.Com*,

http://www.bartleby.com/113/1032.html

Hope is a subtle glutton

"86. 'Hope Is a Subtle Glutton.' Part One: Life. Dickinson, Emily.1924. Complete Poems." *Bartleby.Com*,

http://www.bartleby.com/113/1086.html

Cole Porter song

"Cole Porter—What Is This Thing Called Love 1929 Leslie Hutchison W/ Lyrics." 2011. (Youtube),

https://www.youtube.com/watch?v=RCmn61kOVoQ

#### Barack Obama's book

Obama, Barack. 2007. *The Audacity of Hope: Thoughts on Reclaiming the American Dream* (New York, NY: Three Rivers Press), https://www.penguinrandomhouse.com/books/123913/ the-audacity-of-hope-by-barack-obama/

an interview

"Zidane Headbutt Interview (Engilish )." 2008. (Youtube), https:// www.youtube.com/watch?v=fESPK2cmjpY

#### Chapter 1. Hope

Codex Atlanticus

"Browse—e-Leo," *Leonardodigitale.Com*, https://www.leonardodigitale.com/en/browse/ codex-atlanticus/0190-v/

Lives of Eminent Philosophers

"Diogenes Laertius, Lives of Eminent Philosophers, BOOK V, Chapter 1. ARISTOTLE (384–322 B.c.)," *Tufts.Edu*, http://www.perseus.tufts.edu/hopper/text?doc=Perseus%3Atext% 3A1999.01.0258%3Abook%3D5%3Achapter%3D1

Hope is the thing with feathers/ That perches in the soul

"32. 'Hope Is the Thing with Feathers.' Part One: Life. Dickinson, Emily. 1924. Complete Poems." *Bartleby.Com*, http://www.bartleby.com/113/1032.html

dwell in Possibility

"I Dwell in Possibility—(466) by Emily Dickinson," *Poetryfoundation.Org*, https://www.poetryfoundation.org/ poems/52197/i-dwell-in-possibility-466

#### Shattered Dreams

"Draft of Chapter X, 'Shattered Dreams,'" Stanford.Edu, 2017

https://kinginstitute.stanford.edu/king-papers/documents/ draft-chapter-x-shattered-dreams

#### Matt 25:14-30

"Matthew 25 BSB," Biblehub.Com,

https://biblehub.com/bsb/matthew/25.htm

#### relates an intriguing story

Samuelson, Paul A., "Risk and Uncertainty: A Fallacy of Large Numbers (Reprint)," *Casact.Org*, https://www.casact.org/sites/default/files/database/

forum\_94sforum\_94sf049.pdf

Hope is a subtle glutton; He feeds upon the fair

"86. 'Hope Is a Subtle Glutton.' Part One: Life. Dickinson, Emily.1924. Complete Poems," *Bartleby.Com*,

https://www.bartleby.com/113/1086.html

Critique of Hegel's Philosophy of Right

Marx, "Marx, A Contribution to the Critique of Hegel's Philosophy of Right 1844," *Marxists.Org*,

https://www.marxists.org/archive/marx/works/1843/critique-hpr/ intro.htm

A Treatise of Human Nature,

"The Project Gutenberg EBook of A Treatise of Human Nature, by David Hume," *Gutenberg.Org*,

https://www.gutenberg.org/files/4705/4705-h/4705-h.htm

A Patent of the Heart

"'[Hope Is a Strange Invention—]' by Emily Dickinson," Poems.Com, https://poems.com/poem/hope-is-a-strange-invention/

#### I want to be alone

"Greta Garbo—'I Want to Be Alone'" (Youtube, 2016), https:// www.youtube.com/watch?v=gLGCHAO1u-M

#### Matt 5:44

"Matthew 5:44 But I Tell You, Love Your Enemies and Pray for Those Who Persecute You," *Biblehub.Com*,

https://biblehub.com/matthew/5-44.htm

#### Matt 13:12

"Matthew 13 NKJV," *Biblehub.Com*, https://biblehub.com/nkjv/matthew/13.htm

#### Chapter 2. Death

```
The Critique of Pure Reason
```

"The Critique of Pure Reason," Gutenberg.Org,

https://www.gutenberg.org/files/4280/4280-h/4280-h.htm

so huge, so hopeless to conceive

"96. 'My Life Closed Twice before Its Close.' Part One: Life. Dickinson, Emily. 1924. Complete Poems," *Bartleby.Com*, https://www.bartleby.com/113/1096.html

Odes

"Q. Horatius Flaccus (Horace), Odes, Book 3, Poem 30," *Tufts.Edu*, http://www.perseus.tufts.edu/hopper/text?doc=Perseus%3Atext% 3A1999.02.0025%3Abook%3D3%3Apoem%3D30

If I can [...] help one fainting robin/ Unto his nest again,/ I shall not live in vain.

"6. 'If I Can Stop One Heart from Breaking.' Part One: Life. Dickinson, Emily. 1924. Complete Poems," *Bartleby.Com*, https://www.bartleby.com/113/1006.html

a Chinese story

Giddens, Owen, *Chinese Mythology* (Rosen Central, 2005), https://books.google.com/books?id=mW17LwByWcC&pg=PA39# v=onepage&q&f=false

letters

John-Keats.Com

http://www.john-keats.com/briefe/000220.htm

Guardian, 31 Jan 2018

Carrington, Damian, "Global Use of Mosquito Nets for Fishing 'Endangering Humans and Wildlife,'" *The Guardian* (The Guardian, 31 January 2018),

http://www.theguardian.com/environment/2018/jan/31/globaluse-of-mosquito-nets-for-fishing-endangering-humans-and-wildlife

```
Nicomachean Ethics (Book 3, Ch. 6)
```

"Aristotle, Nicomachean Ethics, Book 3, Chapter 6," Tufts.Edu,

http://www.perseus.tufts.edu/hopper/text?doc=Perseus:text:1999. 01.0054:book=3:chapter=6

Guardian, 11 March 2016

Guardian staff reporter, "'I Want to Stare Death in the Eye'... How Christopher Hitchens, Susan Sontag, John Updike and Other Great Writers Confronted Their Mortality," *The Guardian* (The Guardian, 11 March 2016),

http://www.theguardian.com/books/2016/mar/11/ stare-death-in-the-eye-writers-mortality-katie-roiphe

wrote that he hoped to die in the year of its return

Twain, Mark, Warner, Charles Dudley, and Paine, Albert Bigelow. 1912. *The Writings of Mark Twain* (G. Wells),

https://www.google.com/books/edition/ The\_Writings\_of\_Mark\_Twain/6gk3yAvhzD8C?hl=en&gbpv=0

Does Magna Carta mean nothing to you? Did she die in vain?

"Tony Hancock and Magna Carta" (Youtube, 2009), https://www. youtube.com/watch?v=oJ4mxOluXY4

Sand and Foam

"Sand and Foam by Kahlil Gibran," Net.Au,

http://gutenberg.net.au/ebooks05/0500611h.html

much resistance,

Wallis, Claudia, "The Morally Complex Mix of Euthanasia and Organ Donation," *Scientific American*, 1 May 2020,

https://doi.org/10.1038/scientificamerican0520-23

earliest occurrence

Laguna, Gabriel, "Tradición Clásica," Blogspot.Com,

http://tradicionclasica.blogspot.com/2006/01/expression-aprs-moile-dluge-and-its.html

is echoed in Lucretius

Laguna, Gabriel, "Tradición Clásica," *Blogspot.Com*, http://tradicionclasica.blogspot.com/2006/01/expression-aprs-moile-dluge-and-its.html

Nero's saying:

Laguna, Gabriel, "Tradición Clásica," *Blogspot.Com*, http://tradicionclasica.blogspot.com/2006/01/expression-aprs-moile-dluge-and-its.html

Parting is all we know of heaven/ And all we need of hell

"96. 'My Life Closed Twice before Its Close.' Part One: Life. Dickinson, Emily. 1924. Complete Poems," *Bartleby.Com*, https://www.bartleby.com/113/1096.html

Song

"Christina Rossetti (1830–1894). Song: 'When I Am Dead, My Dearest.' J. C. Squire, Ed. 1921. A Book of Women's Verse," *Bartleby. Com*,

https://www.bartleby.com/291/131.html

asked that his corpse be set out

Laguna, Gabriel, "Tradición Clásica," Blogspot.Com,

http://tradicionclasica.blogspot.com/2006/01/expression-aprs-moile-dluge-and-its.html

Jeremy Bentham's dressed-up skeleton

UCL, "Auto-Icon," Ucl.Ac.Uk, 2018,

https://www.ucl.ac.uk/bentham-project/

who-was-jeremy-bentham/auto-icon

Larry Burrows

"Larry Burrows. At a First Aid Center during Operation Prairie. 1966," *Moma.Org*,

https://www.moma.org/collection/works/54966

Emmett Till

"The Body of Emmett Till | 100 Photos | TIME" (Youtube, 2016), https://www.youtube.com/watch?v=4V6ffUUEvaM The Guardian, 2 Sep 2015

Smith, Helena, "Shocking Images of Drowned Syrian Boy Show Tragic Plight of Refugees," *The Guardian* (The Guardian, 2 September 2015),

http://www.theguardian.com/world/2015/sep/02/shockingimage-of-drowned-syrian-boy-shows-tragic-plight-of-refugees

#### Chapter 3. Love

Love is not love/ Which alters when it alteration finds.

"Sonnet 116. Craig, W.j., Ed. 1914. The Oxford Shakespeare," *Bartleby.Com*,

https://www.bartleby.com/70/50116.html

Tess of the d'Urbervilles: A Pure Woman

"The Project Gutenberg EBook of Tess of the d'urbervilles, by Thomas Hardy," *Gutenberg.Org*,

https://www.gutenberg.org/files/110/110-h/110-h.htm

Two Cures for Love

Crown, Sarah, "Two Cures for Love: Selected Poems," *The Guardian* (The Guardian, 24 January 2009),

http://www.theguardian.com/books/2009/jan/24/ wendy-cope-two-cures-for-love

The Guardian, 25 Jun 2011

di Giovanni, Janine, "Janine Di Giovanni: 'I Believed I Had Escaped Trauma... but I Was Not as Unbroken as I Thought,'" *The Guardian* (The Guardian, 25 June 2011),

http://www.theguardian.com/media/2011/jun/26/ janine-di-giovanni-war-memoir-family

Symposium

"Symposium, by Plato," *Gutenberg.Org*, https://www.gutenberg.org/files/1600/1600-h/1600-h.htm chapter thirteen of St. Paul's First Letter to the Corinthians

"1 Corinthians 13 NIV," Biblehub.Com,

https://biblehub.com/niv/1\_corinthians/13.htm

#### interview

Miller, Julie, "Diane Keaton Dares Woody Allen to Work with Her Again," *Vanity Fair*, 2015,

https://www.vanityfair.com/hollywood/2015/11/ diane-keaton-interview

#### Sonnet 43

Poetry Foundation, "Sonnets from the Portuguese 43: How Do I Love...," *Poetryfoundation.Org*,

https://www.poetryfoundation.org/poems/43742/sonnets-fromthe-portuguese-43-how-do-i-love-thee-let-me-count-the-ways

#### Sonnet 14

Academy of American Poets, "If Thou Must Love Me... (Sonnet 14)," *Poets.Org*,

https://poets.org/poem/if-thou-must-love-me-sonnet-14

#### He that Loves a Rosy Cheek

"He That Loves A Rosy Cheek—Poem by Thomas Carew," *Famouspoetsandpoems.Com*,

http://famouspoetsandpoems.com/poets/thomas\_carew/ poems/6056

For Anne Gregory

"For Anne Gregory," Poemhunter.Com,

https://www.poemhunter.com/poem/for-anne-gregory/

Identity of Indiscernibles

Forrest, Peter, "The Identity of Indiscernibles," ed. by Edward N. Zalta, *The Stanford Encyclopedia of Philosophy* (Metaphysics Research Lab, Stanford University, 2020),

https://plato.stanford.edu/entries/identity-indiscernible/

#### poem

"For Anne Gregory," Poemhunter.Com,

https://www.poemhunter.com/poem/for-anne-gregory/

#### Stand by your Man

"Tammy Wynette—Stand By Your Man (Audio) (Pseudo Video)" (Youtube, 2015),

https://www.youtube.com/watch?v=AM-b8P1yj9w

#### Sonnet 116

Poetry Foundation, "Sonnet 116: Let Me Not to the Marriage of True...," *Poetryfoundation.Org*,

https://www.poetryfoundation.org/poems/45106/ sonnet-116-let-me-not-to-the-marriage-of-true-minds

I Loved You First

Poetry Foundation, "I Loved You First: But Afterwards Your Love," *Poetryfoundation.Org*,

https://www.poetryfoundation.org/ poems/50507/i-loved-you-first-but-afterwards-your-love

#### Catherine's speech

Shaffner, Taliaferro Preston, and W. Owen, "CHAPTER IX," in *The Illustrated Record of the International Exhibition ... of All Nations, in* 1862 (Cambridge: Cambridge University Press, 2014), pp. 229–40,

https://www.pagebypagebooks.com/Emily\_Bronte/ Wuthering\_Heights/Chapter\_IX\_p6.html

#### It Had to Be You

"It Had to Be You (1936)—Ruth Etting" (Youtube, 2012),

https://www.youtube.com/watch?v=3y8cHVylDa4

#### I Knew I Loved You

"Savage Garden—I Knew I Loved You (Official Video)" (Youtube, 2009),

https://www.youtube.com/watch?v=jjnmICxvoVY

Eyes of a Blue Dog

"Eyes of a Blue Dog--Gabriel Garcia Marquez (1928–2014)," *Classicshorts.Com*,

http://www.classicshorts.com/stories/bluedog.html

On Marriage

"On Marriage," Poetryfoundation.Org,

https://www.poetryfoundation.org/poems/148576/ on-marriage-5bff1692a81b0

all we need of hell

"96. 'My Life Closed Twice before Its Close.' Part One: Life. Dickinson, Emily. 1924. Complete Poems," *Bartleby.Com*, https://www.bartleby.com/113/1096.html

many attributions

"Dance Like Nobody's Watching" Quoteinvestigator.Com,

https://quoteinvestigator.com/2014/02/02/dance/

Comes Love

"Ella Fitzgerald & Louis Armstrong—Comes Love" (Youtube, 2011),

https://www.youtube.com/watch?v=YjdIF7PuUug

reflections on love

Fearnley, James, "Biography," *Journal of Herbal Medicine*, 6.1 (2016), 49–50,

http://www.imdb.com/name/nm0001005/bio

Letter to Chanut

Descartes, René, "Selected Correspondence of Descartes," *Earlymoderntexts.Com*,

https://www.earlymoderntexts.com/assets/pdfs/descartes1619\_4. pdf

strabismus

"Strabismus or Crossed Eyes," Webmd.Com,

https://www.webmd.com/eye-health/strabismus

#### Pensées

"The Project Gutenberg EBook of Pascal's Pensées, by Blaise Pascal," *Gutenberg.Org*,

https://www.gutenberg.org/files/18269/18269-h/18269-h.htm

Sonnet 14

Academy of American Poets, "If Thou Must Love Me... (Sonnet 14)," *Poets.Org*,

https://poets.org/poem/if-thou-must-love-me-sonnet-14

#### studying pair-bonding

Cormier, Zoe, "Gene Switches Make Prairie Voles Fall in Love," *Nature*, 2013,

https://doi.org/10.1038/nature.2013.13112

#### **Chapter 4. Reconciliation**

The Man Upstairs

"The Project Gutenberg EBook of the Man Upstairs, by P. g. Wodehouse." *Gutenberg.Org*,

https://www.gutenberg.org/files/6768/6768-h/6768-h.htm

The Common Man

"The Common Man, G.k.Chesterton." *Org.Uk*, http://www.gkc.org. uk/gkc/books/Common\_Man.html

land rights are not being restored and sacred place are still not being recognized as such

Levin, Sam. 2019. "'This Is All Stolen Land': Native Americans Want More than California's Apology," *The Guardian* (The Guardian),

http://www.theguardian.com/us-news/2019/jun/20/ california-native-americans-governor-apology-reparations

rejected Saddam Hussein's apology

"BBC NEWS." *BBC*, http://news.bbc.co.uk/2/hi/not\_in\_website/ syndication/monitoring/media\_reports/2555727.stm offered apologies

"Danish Paper Apologizes for Publishing Cartoons of Prophet." 2006. *CBC News*, https://www.cbc.ca/news/world/danish-paperapologizes-for-publishing-cartoons-of-prophet-1.573967

#### quoted

"Apostolic Journey to München, Altötting and Regensburg: Meeting with the Representatives of Science in the Aula Magna of the University of Regensburg (September 12, 2006)." 2006. Vatican.Va, https://www.vatican.va/content/benedictxvi/en/speeches/2006/ september/documents/hf\_ben-xvi\_spe\_20060912\_universityregensburg.html

#### statement

"Pope's Statement in Full." CNN, http://www.cnn.com/2006/ WORLD/europe/09/16/pope.statement/index.html

#### the Kennewick man

Preston, Douglas. 2014. "The Kennewick Man Finally Freed to Share His Secrets," *Smithsonian Magazine*,

https://www.smithsonianmag.com/history/kennewick-manfinally-freed-share-his-secrets180952462/?preview=\_page%3D3\_ page%3D3\_page%3D2\_page%3D2\_page%3D2&page=1

#### soluble without remainder

Williams, Bernard. 1973. "Ethical Consistency," in *Problems of the Self* (Cambridge: Cambridge University Press), pp. 166–86,

https://dlcl.stanford.edu/sites/default/files/files\_upload/ Bernard%20WIlliams.Ethical%20Consistency.pdf

#### TV interview

"Zidane Headbutt Interview (Engilish )." 2008. (Youtube), https:// www.youtube.com/watch?v=fESPK2cmjpY

#### Toxin Puzzle

Kavka Reviewed work, Gregory. 1983. "The Toxin Puzzle," *Upenn.Edu*, https://www.law.upenn.edu/live/ files/1298-kavka-g-the-toxin-puzzle-1983

#### Luke 17: 4

"Luke 17:4 Parallel: And If He Trespass against Thee Seven Times in a Day, and Seven Times in a Day Turn Again to Thee, Saying, I Repent; Thou Shalt Forgive Him." *Biblehub.Com*,

```
https://biblehub.com/parallel/luke/17-4.htm
```

The manner of the *Baalei Teshuvah* [the penitent] is to be very humble and modest

Chabad.Org,

https://www.chabad.org/library/article\_cdo/aid/911908/jewish/ Teshuvah-Chapter-Seven.htm

describes a case

"The Philosophy of Law. An Exposition of the Fundamental Principles of Jurisprudence as the Science of Right," by Immanuel Kant, trans. W. Hastie (Edinburgh: Clark, 1887)." *Libertyfund.Org*, https://oll.libertyfund.org/title/hastie-the-philosophy-of-law

#### Following Bishop Butler

"Fifteen Sermons Preached at the Rolls Chapel, by Joseph Butler (1827 Edition)." *Anglicanhistory.Org*,

http://anglicanhistory.org/butler/rolls/09.html

#### The Guardian, 7 Mar 2006

Jones, Sam. 2006. "Vicar Who Cannot Forgive Tube Bombers Quits Pulpit," *The Guardian* (The Guardian),

http://www.theguardian.com/uk/2006/mar/07/religion.july7

#### P. G. Wodehouse's quote

"The Project Gutenberg EBook of the Man Upstairs, by P. g. Wodehouse." *Gutenberg.Org*,

https://www.gutenberg.org/files/6768/6768-h/6768-h.htm

#### a TV Interview

"Zidane Headbutt Interview (Engilish )." 2008. (Youtube), https:// www.youtube.com/watch?v=fESPK2cmjpY

#### Chapter 5. Self-Management

a Latin version by Phaedrus

Phaedrus. 1745. *The Fables of Phaedrus* (Joseph Davidson), https://www.google.com/books/edition/The\_Fables\_of\_Phaedrus/ bM47AQAAMAAJ?hl=en&gbpv=0 a seventeenth-century French version by de La Fontaine de La Fontaine, Jean. 1820. *Fables de La Fontaine* (Méquignon-Marvis), https://books.google.com/books?id=NpQGAAAAQAAJ&printsec =frontcover&source=gbs\_ge\_summary\_r&cad=0#v=onepage&q= Confr&f=false an eighteenth-century English version by Samuel Croxall Aesop. 1792. *Fables of Aesop and Others:* (A. Millar, W. Law, and R. Cater),

https://books.google.com/books?id=vjYXAAAAYAAJ&printsec=fron tcover#v=onepage&q&f=false

Joseph Benjamin Rundell

Rundell, J. B. 1878. Aesop's Fables (Lee and Shepard),

https://books.google.com/books?id=GXs7PgAACAAJ&printsec=f rontcover&source=gbs\_ge\_summary\_r&cad=0#v=onepage&q&f= false

Walter Crane and W.J. Lipton

"The Project Gutenberg EBook of the Baby's Own Aesop, by Aesop and Walter Crane." *Gutenberg.Org*,

https://www.gutenberg.org/files/25433/25433-h/25433-h.htm

recently resurfaced

Perlson, Hili. 2016. "Forgotten Masterpiece by Top Victorian Artist Found on 'Antiques Roadshow,'" *Artnet News*,

https://news.artnet.com/art-world/

forgotten-victorian-treasure-gets-on-antiques-roadshow-668867

#### connection

Augustine, Zachary G. 2017. "You Have Power over Your Mind — Not Outside Events. Realize This and You Will Find Strength.," *Medium*,

https://medium.com/@zga/you-have-power-over-your-mind-notoutside-events-realize-this-and-you-will-find-strength-f17f75f03180

Pensées

"The Project Gutenberg EBook of Pascal's Pensées, by Blaise Pascal." *Gutenberg.Org*,

https://www.gutenberg.org/files/18269/18269-h/18269-h.htm

an experiment

Festinger, L., and J. M. Carlsmith. 1959. "Cognitive Consequences of Forced Compliance," *Journal of Abnormal Psychology*, 58.2: 203–10,

, https://www.semanticscholar.org/paper/Cognitive-consequencesof-forced-compliance.-Festinger-Carlsmith/9b6e43983b4f178b93814 87f2f6b1eaf20774d6a

Nicomachean Ethics (Book 2, Ch. 1)

"Aristotle, Nicomachean Ethics, Book 2. Chapter 1." Tufts.Edu,

http://www.perseus.tufts.edu/hopper/text?doc=Perseus%3Atext% 3A1999.01.0054%3Abook%3D2

Giving What We Can

"Homepage." Givingwhatwecan.Org,

https://www.givingwhatwecan.org/

The Doctrine of Virtue

Kant, I. 1996. *Practical Philosophy*. Translated and edited by Mary J. Gregor and with a general introduction by Allen Wood. (Cambridge University Press),

https://www.google.com/books/edition/Practical\_Philosophy/0hC sbUjFiBwC?hl=en&kptab=editions&sa=

X&ved=2ahUKEwjJpL274cfyAhXOHc0KHSBTDo4QmBYwAXoEC AMQCA The Portrait of a Lady

"The Portrait of a Lady, Volume 1 (of 2) by Henry James." *Gutenberg.Org*,

https://www.gutenberg.org/files/2833/2833-h/2833-h.htm

Ulysses set out to sail past the Sirens

"Homer, The Odyssey, 12.153–91." Tufts.Edu,

http://www.perseus.tufts.edu/hopper/text?doc=Perseus%3Atext% 3A1999.01.0136%3Abook%3D12%3Acard%3D153

The Will to Believe and Other Essays in Popular Philosophy

"The Will to Believe and Other Essays in Popular Philosophy by William James." *Gutenberg.Org*,

https://www.gutenberg.org/files/26659/26659-h/26659-h.htm

Song of Myself

"Song of Myself (1892 Version)," *Poetryfoundation. Org*, https://www.poetryfoundation.org/poems/45477/ song-of-myself-1892-version

Is Life Worth Living?

"The Will to Believe and Other Essays in Popular Philosophy by William James." *Gutenberg.Org*,

https://www.gutenberg.org/files/26659/26659-h/26659-h.htm#P32

#### Chapter 6. Counsel

For Plancius

"M. Tullius Cicero, For Plancius, Chapter 33." *Tufts.Edu*, http:// www.perseus.tufts.edu/hopper/text?doc=Perseus%3Atext%3A199 9.02.0020%3Atext%3DPlanc.%3Achapter%3D33

No man is an island,/Entire of itself

"No Man Is An Island." *Poemhunter.Com*, https://www.poemhunter. com/poem/no-man-is-an-island/ i thank you God for most this amazing

"'i Thank You God for Most This Amazing' by e.e. Cummings." 2009. *Wordpress.Com*,

https://thepoetryplace.wordpress.

com/2009/06/01/i-thank-you-god-for-most-this-amazing/

Human, All Too Human

Nietzsche, Friedrich Wilhelm. "Menschliches, Allzumenschliches: Ein Buch Fuer Freie Geister",

https://www.gutenberg.org/cache/epub/7207/pg7207.html

strongly resist any political appeal for gratitude

"Black gratitude is not an attitude white people should ever expect." By McKenzie Jr S. Medium, 2018—Website,

https://sammckenziejr.medium.com/black-gratitude-is-not-anattitude-white-people-should-ever-expect-e6162c7a6091

went on a killing spree

"Homer, The Iliad, 21.1–33." Tufts.Edu,

http://www.perseus.tufts.edu/hopper/text?doc=Perseus%3Atext% 3A1999.01.0134%3Abook%3D21%3Acard%3D1

A Part of Speech

Brodsky, Joseph. 2002. *Collected Poems in English* (New York, NY: Farrar, Straus & Giroux),

https://books.google.com/books/about/Collected\_Poems\_in\_ English.html?id=xZlEdVcnzlYC

at the touch of love, everyone becomes a poet

"Plato, Symposium, section 196e." Tufts.Edu,

http://www.perseus.tufts.edu/hopper/text?doc=Perseus%3Atext% 3A1999.01.0174%3Atext%3DSym.%3Asection%3D196e

The Competition

Dawson, Kimya. "The Competition" Genius.Com,

https://genius.com/Kimya-dawson-the-competition-lyrics

```
Gauguin's Intimate Journals
```

Gauguin, Paul. 2011. *Gauguin's Intimate Journals*, trans. by Van Wyck Brooks,

https://books.google.com/books?id=WYoJrWooHbAC&printsec=f rontcover#v=onepage&q&f=false

A Room of One's Own

Woolf, Virginia "A Room of One's Own", http://gutenberg.net.au/ebooks02/0200791.txt

#### Eternity

Academy of American Poets. "Eternity," *Poets.Org*, https://poets.org/poem/eternity

Declutter, Organize, Live Joyfully

Irvine, Elizabeth. 2019. "Konmari Method, Sparking Joy Philosophy," *Elizabethirvine.Com* (Truewellbeing), https://www.elizabethirvine.com/blog/ konmari-method-sparking-joy-philosophy

Intuitive Eating

"10 Principles of Intuitive Eating." 2017. *Intuitiveeating.Org*, https://www.intuitiveeating.org/10-principles-of-intuitive-eating/

#### Final Words

Google n-grams

Google Books Ngrams Viewer. "abides",

```
https://books.google.com/ngrams/graph?content=abides&year_
start=1800&year_end=2019&corpus=26&smoothing=3&direct_url
=t1%3B%2Cabides%3B%2Cc0#t1%3B%2Cabides%3B%2Cc0
```

Ecclesiastes 1:4

```
"Ecclesiastes 1 NKJV." Biblehub.Com, https://biblehub.com/nkjv/ecclesiastes/1.htm
```

1 Corinthians 13:13

"1 Corinthians 13 NKJV." *Biblehub.Com*, https://biblehub.com/ nkjv/1\_corinthians/13.htm

John 15:4

"John 15 NKJV." *Biblehub.Com* https://biblehub.com/nkjv/john/15.htm

#### **Additional Teaching Materials**

The Shawshank Redemption

Darabont, Frank. 1994. *The Shawshank Redemption* (United States: Columbia Pictures), https://www.imdb.com/title/tt0111161/

Different Seasons

"Stephen King." *Stephenking.Com*, https://stephenking.com/works/ collection/different-seasons.html

Hope is a subtle glutton

"86. 'Hope Is a Subtle Glutton.' Part One: Life. Dickinson, Emily.1924. Complete Poems." *Bartleby.Com*,

https://www.bartleby.com/113/1086.html

Hope is the thing with feathers

"32. 'Hope Is the Thing with Feathers.' Part One: Life. Dickinson, Emily. 1924. Complete Poems." *Bartleby.Com*, https://www.bartleby.com/113/1032.html

Shattered Dreams

"Draft of Chapter X, 'Shattered Dreams." 2017. *Stanford.Edu*, https://kinginstitute.stanford.edu/king-papers/documents/ draft-chapter-x-shattered-dreams

#### The Death of Ivan Ilyich

Tolstoy, Leo. "The Death of Ivan Ilyich" *Stanford.Edu*, https://web. stanford.edu/~jsabol/existentialism/materials/tolstoy\_death\_ilyich. pdf

#### Ikiru

Kurosawa, Akira. 1952. *Ikiru* (Japan: Toho), https://www.imdb.com/title/tt0044741/

#### Dying: Some People Hope to Die in their Sleep. Not Me.

David Velleman, J. 2015. "Dying," *Medium*, https://medium.com/@jdvelleman/dying-aaf23e4ce1d5

#### The Crying Game

Jordan, Neil. 1992. *The Crying Game* (United Kingdom: Palace Pictures), https://www.imdb.com/title/tt0104036/

#### Snow

Beattie, Ann. "Snow" *Weebly.Com*, https://wattsenglishclass.weebly.com/uploads/5/8/2/9/58298297/snowbyannbeattie.pdf

#### TESS: Teaching Ethics with Short Stories

"TESS: Teaching Ethics with Short Stories." Website by Luc Bovens. 2018, http://www.teachingethicswithshortstories.com/

#### Two Words You Never Want to Hear from Your Doctor

"Two Words You Never Want to Hear from Your Doctor." 2017. *Thisamericanlife.Org*,

https://www.thisamericanlife.org/277/apology/act-three-0

#### Atonement

Wright, Joe. 2007. *Atonement* (United Kingdom: Universal Pictures), https://www.imdb.com/title/tt0783233/

#### Before the Rain

Manchevski, Milcho. 1994. *Before the Rain* (Vardar Film), https://www.imdb.com/title/tt0110882/

#### The Will to Believe

"The Will to Believe and Other Essays in Popular Philosophy by William James." [N.d.-m]. *Gutenberg.Org*,

https://www.gutenberg.org/files/26659/26659-h/26659-h.htm#P1

Is Life Worth Living?

"The Will to Believe and Other Essays in Popular Philosophy by William James." [N.d.-m]. *Gutenberg.Org*,

https://www.gutenberg.org/files/26659/26659-h/26659-h.htm#P32

Act 1

"All My Sons, by Arthur Miller—Act I." 2013. (Youtube), https:// www.youtube.com/watch?v=iqcL1XzlFhw

Acts 2 and 3

"All My Sons, by Arthur Miller, Acts 2 and 3." 2013. (Youtube), https://www.youtube.com/watch?v=UvVqRlPrAVw

Rashomon

Kurosawa, Akira. 1950. *Rashomon* (Japan: Daiei Film), https://www.imdb.com/title/tt0042876/

The All-Too-Real Housewives of Argentina

"The All-Too-Real Housewives of Argentina." 2020. *Thisamericanlife*. *Org*, https://www.thisamericanlife.org/724/personal-recount/act-three-18

i thank you God for most this amazing

"'I Thank You God for Most This Amazing' by e.e. Cummings." 2009. *Wordpress.Com*,

https://thepoetryplace.wordpress. com/2009/06/01/i-thank-you-god-for-most-this-amazing/

And of Clay Are We Created

Allende, Isabel, and Translated by Margaret Peden. "And of Clay Are We Created," *Literaturewithleonetti.Com*, http://www. literaturewithleonetti.com/uploads/9/2/5/7/92571264/and\_of\_ clay\_are\_we\_created.pdf

"I Regret Everything": Toni Morrison Looks Back On Her Personal Life

Fresh Air. 2015. "'I Regret Everything': Toni Morrison Looks Back on Her Personal Life," NPR,

https://www.npr.org/2015/08/24/434132724/i-regret-everything-toni-morrison-looks-back-on-her-personal-life

Against Catharsis Writing is not Therapy

"Against Catharsis: Writing Is Not Therapy." 2019. *Lithub.Com*, https://lithub.com/against-catharsis-writing-is-not-therapy/

On Making Things up: Some True Stories about Writing my Novel juliebuntin. 2017. "On Making Things up: Some True Stories about Writing My Novel," *Catapult*,

https://catapult.co/stories/on-making-things-up

#### article

Firth, Joseph, James E. Gangwisch, Alessandra Borisini, Robyn E. Wootton, and Emeran A. Mayer. 2020. "Food and Mood: How Do Diet and Nutrition Affect Mental Wellbeing?," *BMJ* (*Clinical Research Ed.*), 369: m2382,

https://www.bmj.com/content/369/bmj.m2382

#### podcast

*Food for Thought 2020: The Science and Politics of Nutrition* | *Swiss Re.* 2018,

https://www.swissre.com/institute/mediadetail.html?video=4cff7a82-11d6-4a3b-9f41b468bbfba138&page=ba25aa8e-2295-4418-862b-9f088a679f61

All You Can Eat? Inside the Intuitive Eating Craze

Adler, Tamar. 2020. "All You Can Eat? Inside the Intuitive Eating Craze," *Vogue*, https://www.vogue.com/article/ inside-the-intuitive-eating-craze

#### **Discussion Questions**

#### Hope

Tate. "George Frederic Watts and Assistants," *Org.Uk*, https://www.tate.org.uk/art/artworks/watts-hope-n01640

#### Hope is the thing with feathers

"32. 'Hope Is the Thing with Feathers.' Part One: Life. Dickinson, Emily. 1924. Complete Poems." *Bartleby.Com*,

https://www.bartleby.com/113/1032.html

Hope is a subtle glutton

"86. 'Hope Is a Subtle Glutton.' Part One: Life. Dickinson, Emily. 1924. Complete Poems." *Bartleby.Com*,

https://www.bartleby.com/113/1086.html

In my Time of Dying

"Blind Willie Johnson—in My Time of Dying / Jesus Make up My Dying Bed." 2011. (Youtube),

https://www.youtube.com/watch?v=t5HaHVKRouo

Children of Men

James, P. D. 2006. *The Children of Men* (New York, NY: Random House),

https://www.penguinrandomhouse.com/books/86535/ the-children-of-men-by-pd-james/

Death and the Afterlife

Scheffler, Samuel and Kolodny, Niko. 2013. *Death and the Afterlife*. Oxford Scholarship Online. *Universitypressscholarship.Com*, https:// oxford.universitypressscholarship.com/view/10.1093/acprof: oso/9780199982509.001.0001/acprof-9780199982509

2 Sep 2015

Smith, Helena. 2015. "Shocking Images of Drowned Syrian Boy Show Tragic Plight of Refugees," *The Guardian* (The Guardian), http://www.theguardian.com/world/2015/sep/02/shockingimage-of-drowned-syrian-boy-shows-tragic-plight-of-refugees

Remember

"724. Remember. Christina Georgina Rossetti. 1909–14. English Poetry III: From Tennyson to Whitman. The Harvard Classics." *Bartleby.Com*,

https://www.bartleby.com/42/724.html

#### Song

"Christina Rossetti (1830–1894). Song: 'When I Am Dead, My Dearest.' J. C. Squire, Ed. 1921. A Book of Women's Verse." *Bartleby. Com*,

https://www.bartleby.com/291/131.html

For Anne Gregory

"For Anne Gregory." *Poemhunter.Com,* http://www.poemhunter.com/poem/for-anne-gregory/

On Marriage

Poetry Foundation. "On Marriage," *Poetryfoundation. Org*, https://www.poetryfoundation.org/poems/148576/ on-marriage-5bff1692a81b0

Please Don't Read This Poem at Your Wedding

Fulwiler, Jennifer. 2011. "Please Don't Read This Poem at Your Wedding," *National Catholic Register* (National Catholic Register), http://www.ncregister.com/blog/jennifer-fulwiler/ please-dont-read-this-poem-at-your-wedding

Why we Need Reparations for Black Americans

Ray, Rashawn, and Andre M. Perry. 2020. "Why We Need Reparations for Black Americans," *Brookings*, https://www.brookings.edu/policy2020/bigideas/ why-we-need-reparations-for-black-americans/

Reparations for Slavery are Unworkable—and Unjust

Jacoby, Jeff. 2019. "Reparations for Slavery Are Unworkable — and Unjust," *The Boston Globe* (The Boston Globe),

https://www.bostonglobe.com/opinion/2019/03/29/ reparations-for-slavery-are-unworkable-and-unjust/ nEUbM1yUXPdRxjLbjHVwII/story.html

his TV Interview

```
"Zidane Headbutt Interview (Engilish )." 2008. (Youtube), https://
www.youtube.com/watch?v=fESPK2cmjpY
```

Being Sexually Submissive Doesn't Make You A 'Bad Feminist"

Bellesa, Contributor. 2018. "Being Sexually Submissive Doesn't Make You A 'Bad Feminist," *Huffingtonpost.Ca* (HuffPost), https://www.huffingtonpost.ca/bellesa/

bdsm-submissive-feminist-woman\_a\_23395685/

For Plancius, chapter 33

"M. Tullius Cicero, For Plancius, Chapter 33." *Tufts.Edu*, http:// www.perseus.tufts.edu/hopper/text?doc=Perseus%3Atext%3A199 9.02.0020%3Atext%3DPlanc.%3Achapter%3D33

i thank you God for most this amazing

"'i Thank You God for Most This Amazing' by e.e. Cummings." 2009. *Wordpress.Com*,

https://thepoetryplace.wordpress. com/2009/06/01/i-thank-you-god-for-most-this-amazing/

Shirley

"The Project Gutenberg EBook of Shirley, by Charlotte Brontë." *Gutenberg.Org*, https://www.gutenberg.org/files/30486/30486-h/30486-h.htm

GiveWell

"GiveWell." Givewell.Org,

https://www.givewell.org/

Giving What We Can

"Homepage." Givingwhatwecan.Org,

https://www.givingwhatwecan.org/

Replaceability, Career Choice, and Making a Difference

"Replaceability, career choice, and making a difference." By MacAskill W

Ethical Theory Moral Pract., 2014,

https://static1.squarespace.com/static/5506078de4b02d88372eee4e/ t/5bc71d49c830252b777ce7aa/1539775830421/Replaceability%2C+ Career+Choice%2C+and+Making+a+Difference.pdf

#### The Scream

"Edvard Munch and 'The Scream' in the National Museum." *Nasjonalmuseet.No*,

https://www.nasjonalmuseet.no/en/stories/explore-the-collection/ edvard-munch-and-the-scream-in-the-national-museum/

Dancing with the Devil

"Demi Lovato: Dancing With The Devil." *Youtube.Com* (Youtube), http://www.youtube.com/playlist?list=PLy4Kg0J0TkearxiMrCsHi h5xJzttUe8JC

Against Catharsis Writing is not Therapy

"Against Catharsis: Writing Is Not Therapy." 2019. *Lithub.Com*, https://lithub.com/against-catharsis-writing-is-not-therapy/

All You Can Eat? Inside the Intuitive Eating Craze

Adler, Tamar. 2020. "All You Can Eat? Inside the Intuitive Eating Craze," *Vogue*, https://www.vogue.com/article/ inside-the-intuitive-eating-craze