## SECOND CHANCE My Life in Things



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## Afterword



At the start of the second lockdown, in October 2020, I lost the relationship in which I had invested my sense of delight in the present and hope for the future. I say *lost* as though I carelessly mislaid it, as I constantly mislay my glasses or my keys, but in fact, this rupture came from left field, as the sporting metaphor goes.

I did not feel sporting about it: I felt winded, wiped out, erased.

That loss is not the subject of this book, and only one object that I associate with that relationship—a small St Christopher trinket—has found its way into these pages, and that only in passing.

But the presence of this man and this loss hovers over this book and attaches to several of its chapters, especially the last one, in which I have had to change the tenses in the final edit. It attaches, most explicitly, however, to that vast, immaterial and invisible evocative object that is music, or rather, its constituent parts: tracks compiled into a very long playlist.

P sent me a track a day, sometimes two or three, for the entire first year of our relationship, a time I experienced as blissful. In attempting to duplicate this playlist to ensure not losing it as I had lost him, and while writing about listing, I accidentally erased it all. Irretrievably, as it turns out.

I know that, through the lens of psychoanalysis, there is no such thing as an accident. But it seems to me that in no pocket or particle of my being did I wish to lose this man again by dispersing the evocative objects that acutely, singly and cumulatively, evoked all that was sweetest in our time together, and all that was most bitter about our (to me) unforeseen end.

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